

8 Allergen-Free Child Meal(ACML)

<2026MAR-2026MAY>

*Please note, menu may change.

Lunch/Dinner		
Routes	Menu	Ingredients
All flights from Japan *For flight numbers written below, this menu will be served as 2nd meal service. 【From HANEDA】NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN)	Chicken Pilaf & Curry Croquette Bento or Hashed Meat	Chicken Pilaf & Curry Croquette Bento／Chicken Pilaf, Curry Croquette, Deep-fried Chicken,Pumpkin Salad, Boiled Broccoli,Modified Starches,Emulsifier, Flavors Hashed Meat／Vegetable/Fruits, Sautéed Onion, Pork, Tomato Paste, Beet Sugar, Coleseed Oil, Onion Powder, Tomato Ketchup, Salt, Yeast Extract, Pork Extract, Vegetable/Fruits Paste, Shiitake Mushroom Extract, Spice(Including some pork)
	Pork Meat Ball	Pork, Onion, Tomato Ketchup, Starch, Carrot, Vegetable Consommé, Salt, Beet Sugar, Nutmeg, Pepper, Modified Starches, Trehalose
	Brown Rice Boule Rice Flour Baguette * Only Brown Rice Boule is served in Economy Class.	Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener
	Pear Jelly	Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavors, Antioxidants
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
All Flights to Japan *Except, Flights Departing from North America(excluding Canada)	Hashed Meat	Vegetable/Fruits, Sauteed Onion, Pork, Tomato Paste,Beet Sugar, Coleseed Oil, Onion Powder, Tomato Ketchup,Salt, Yeast Extract, Pork Extract, Vegetable/Fruits Paste, Shiitake Mushroom Extract, Spice(Including some pork)
	Pork Meat Ball	Pork, Onion, Tomato Ketchup, Starch, Carrot, Vegetable Consommé, Salt, Beet Sugar, Nutmeg, Pepper, Modified Starches, Trehalose
	Brown Rice Boule Rice Flour Baguette * Only Brown Rice Boule is served in Economy Class.	Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener
	Non-glutinous Rice	Non-glutinous Rice
	Pear Jelly	Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavors, Antioxidants
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
Flights from North America(excluding Canada) to Japan	Mushroom and Dietary Fiber Curry	Mushroom (Brown Beech Mushroom, Eryngii Mushroom, Enoki Mushroom), Vegetables (Onion, Carrot, Potato, Garlic, Ginger), Pickled Tomato Purée, Organic Blue Agave, Edible Fat & Oil (Palm, Coleseed Oil, Olive Oil), Rice Flour, Sugar, Spices, Fermented Seasoning, Vegetable Consommé
	Non-glutinous Rice	Non-glutinous Rice
	Pumpkin Bolo (Small Round Cookie)	Sago Palm Starch, Tapioka, Organic Shortnning, Pumpkin Powder, Beet Sugar, Baking Powder, Salt
	Soda Candy	Glucose (Corn, Potato, Sweet Potato), Corn Starch, Starch Hydrolysate (Cassava), Acidulant, Flavors, Artificial Colors
	Homemade Cookie (Chocolate Cookie)	Sago Palm Starch, Beet Sugar, Coleseed Oil, Cacao Mass, Pumpkin Powder, Cocoa, Salt, Baking Powder
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice

Second Meal		
Routes	Menu	Ingredients
<u>The Following Flights from Japan to North America,Mexico,Europe</u> 【From NARITA】 NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU) 【From HANEDA】 NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST) *For flight numbers written below, this menu will be served as 1st meal service. 【From HANEDA】 NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN)	Rice Omelet Style Bento w/ Creamy Croquette	Omelet Style Rice, Croquette, Sausage, Baked Potato, Glazed Carrot, Broccoli, Modified Starches, Modified Starches, Non-calcinated Calcium, Emulsifier, Phosphate, Seasonings, pH Adjuster, Antioxidants, Color Formers, Spice Extract, Flavors
	Grape Jelly	Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
	Rice Cracker	Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed
<u>The Following Flights from Europe, Mexico to Japan</u> 【To NARITA】 NH179(MEX) / 232(BRU) 【To HANEDA】 NH212(LHR) / 216(CDG) / 224,204(FRA) / 218(MUC) / 206(VIE) / 208(MXP) / 222(ARN) / 220(IST)	Pork Hamburger Steak	Pork Lean Meat, Onion, Tomato Puree, Palm Starch, Millet Sauce, Salt, Beet Sugar, Coleseed Oil, Kombu Kelp, Pepper
	Non-glutinous Rice	Non-glutinous Rice
	Grape Jelly	Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
	Rice Cracker	Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed
<u>The Following Flights from North America to Japan</u> 【To NARITA】 NH009(JFK) / 011(ORD) / 005(LAX) / 007(SFO) / 001(IAD) / 173(IAH) / 177(SEA) / 183,181(HNL) 【To HANEDA】 NH101(IAD) / 109,159(JFK) / 111(ORD)/ 125,105(LAX) / 107(SFO) / 117(SEA) / 113(IAH) / 185(HNL)	Whitefish in Curry Sauce	Hoki, Onion, Soup (Yeast Extract, Beet Molasses, Salt, Kelp Extract, Shiitake Mushroom Extract), Carrot, Shimeji Mushroom, Powdered Soup, Beet Sugar, Ginger, Seasonig, Vegetable, Curry Powder, Garlic, Trehalose, Modified Starch
	Non-glutinous Rice	Non-glutinous Rice
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Grape Juice	100% Pure Grape Juice

Light Meal/Snacks		
Routes	Menu	Ingredients
The Following Flights from Japan 【From NARITA】 NH178(SEA) / 184,182(HNL) / 136(YVR) / 881(PER) / 829(BOM) 【From HANEDA】 NH118(SEA) / 186(HNL) / 116(YVR) / 889,879(SYD) / 837(DEL) The Following Flights to Japan 【To NARITA】 NH135(YVR) / 882(PER) 【To HANEDA】 NH115(YVR) / 890(SYD)	Grape Jelly	Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)
	Maple Sugar Cookie	White Sorghum, Shortening (Palm), Maple Sugar, Beet Sugar, Starch (Tapioca), Sweet Potato, Isomalt-oligosaccharide, Baking Powder, Salt, Tea Extract
	Grape Juice	100% Pure Grape Juice
The Following Flights from Japan 【From NARITA】 NH010(JFK) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU) / 803,801(SIN) / 807,805(BKK) / 835(CGK) / 815(KUL) 【From HANEDA】 NH110,160(JFK) / 106(LAX) / 108(SFO) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223,203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN) / 219(IST) / 843,841(SIN) / 849,877,847(BKK) / 855,871(CGK) / 885(KUL) The Following Flights to Japan 【To NARITA】 NH009(JFK) / 011(ORD) / 001(IAD) / 173(IAH) / 179(MEX) / 804,802(SIN) / 808,806(BKK) / 836(CGK) / 816(KUL) / 830(BOM) 【To HANEDA】 NH101(IAD) / 109,159(JFK) / 111(ORD)/ 113(IAH) / 880(SYD) / 844,842(SIN) / 850,848,878(BKK) / 872,856(CGK) / 886(KUL) / 838(DEL)	Rice Cracker	Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed
The Following Flights to Japan *Only in Economy Class for flights below, 【From NARITA】 NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 178(SEA) / 184,182(HNL) / 136(YVR) / 180(MEX) / 231(BRU) / 881(PER) / 803,801(SIN) / 807,805(BKK) / 833,831(SGN) / 897(HAN) / 829(BOM) / 835(CGK) / 815(KUL) / 819(MNL) / 811(HKG) / 955,957(PEK) / 935(XMN) / 933(CAN) / 931(SZX) 【From HANEDA】 NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 118(SEA) / 186(HNL) / 116(YVR) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST)/ 889,879(SYD) / 841(SIN) / 847(BKK) / 891(SGN) / 837(DEL) / 855(CGK) / 869(MNL) / 859(HKG) / 961,963(PEK) / 923(CAN) / 965(SZX) *Served in Bussines & Economy Class for the following flights, 【To NARITA】 NH820(MNL) / 812(HKG) / 956,958(PEK) / 936(XMN) / 934(CAN) / 932(SZX) 【To HANEDA】 NH870(MNL) / 860(HKG) / 962,964(PEK) / 924(CAN) / 966(SZX)	Royal Mahalo (Chocolate Flavor)	Sweet Potato, Beet Sugar, Vegetable Oil, Beet Oligosaccharide, Cocoa, Vanilla Beans, Emulsifier