8 Allergen-Free Child Meal(ACML)

<2026September-2026November>

*Please note, menu may change.

Lunch/Dinner		
Routes	Menu	Ingredients
All flights from Japan ***For flight numbers written below, this menu will be served as 2nd meal service.** **【From HANEDA】** NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN)	Chicken Pilaf & Curry Croquette Bento or Hashed Meat	Chicken Pilaf & Curry Croquette Bento／Chicken Pilaf, Curry Croquette, Deep-fried Chicken,Pumpkin Salad, Boiled Broccoli,Thickener(Modified Starches, Polysaccharide Thickener),Emulsifier, Flavorings Hashed Meat/Vegetables/Fruits(Carrot, Corn, Dates, Potato, Ginger, Garlic),Sautéed Onion, Pork, Tomato Paste, Sweet Potato Flakes, Beet Sugar,Coleseed Oil, Onion Powder, Tomato Ketchup, Salt, Yeast Extract,Pork Extract, Vegetable/Fruit Paste(Hydrogenated Starch Hydrolysates, Prune, Dextrin, Green Pepper, Daikon Radish, Broccoli, Cabbage, Spinach, Yellow Pepper,Chinese Cabbage, Tomato Purée, Onion, Blueberry, Pineapple, Pumpkin, Salt,Carrot, Celery, Olive Oil), Shiitake Mushroom Extract, Spices
	Pork MeatBall	Pork, Onion, Tomato Ketchup, Starch, Carrot, Consommé Powder,Salt, Beet Sugar, Nutmeg, Pepper, Thickener(Modified Starch)
	Brown Rice Boule Rice Flour Baguette ＊Only Brown Rice Boule is served in Economy Class.	Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Maltodextrin, Konjac Powder), Thickener Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Maltodextrin, Konjac Powder), Thickener
	Pear Jelly	Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavorings, Antioxidants(Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
All Flights to Japan *Except, Flights Departing from North America(excluding Canada)	Hashed Meat	Vegetables/Fruits(Carrot, Corn, Dates, Potato, Ginger, Garlic),Sautéed Onion, Pork, Tomato Paste, Sweet Potato Flakes, Beet Sugar, Coleseed Oil, Onion Powder, Tomato Ketchup, Salt, Yeast Extract,Pork Extract, Vegetable/Fruit Paste(Hydrogenated Starch Hydrolysates, Prune, Dextrin, Green Pepper, Daikon Radish, Broccoli, Cabbage, Spinach, Yellow Pepper,Chinese Cabbage, Tomato Purée, Onion, Blueberry, Pineapple, Pumpkin, Salt,Carrot, Celery, Olive Oil), Shiitake Mushroom Extract, Spices
	Pork MeatBall	Pork, Onion, Tomato Ketchup, Starch, Carrot, Consommé Powder,Salt, Beet Sugar, Nutmeg, Pepper, Thickener(Modified Starch)
	Brown Rice Boule Rice Flour Baguette ＊Only Brown Rice Boule is served in Economy Class.	Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Maltodextrin, Konjac Powder), Thickener Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Maltodextrin, Konjac Powder), Thickener
	Packed Steamed Rice	Non-glutinous Rice
	Pear Jelly	Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavorings, Antioxidants(Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
Flights from North America(excluding Canada) to Japan	Mushroom & Dietary Fiber Curry	Vegetables (Brown Beech Mushroom, Eryngii Mushroom,Enoki Mushroom, Onion, Carrot, Potato, Garlic, Ginger),Pickled Tomato in Purée, Organic Blue Agave Inulin,Oil (Coleseed Oil, Palm Oil, Olive Oil), Rice Flour, Sugar,Spices, Fermented Rice Seasoning, Vegetable Consommé,Corn Starch, Glucose, Yeast Extract, Oligosaccharide,Onion Powder, Potato Starch, Curry Powder,Processed Fruits (Prune, Mango), Vegetable Extract, Cocoa Powder
	Packed Steamed Rice	Non-glutinous Rice
	Pumpkin Bolo (Small Round Cookie)	Sago Palm Starch, Shortening(Palm), Beet Sugar,Pumpkin Powder, Tapioca Starch, Salt, Baking Soda
	Ramune Sweets (Compressed Tablet Candy)	Glucose, Corn Starch, Starch Hydrolysate, Acidulant, Flavorings, Food Coloring
	Homemade Cookie (Chocolate Cookie)	Starch(Sago Palm), Beet Sugar, Coleseed Oil, Cacao Mass, Pumpkin Powder, Cocoa, Salt, Baking Soda
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice

Second Meal		
Routes	Menu	Ingredients
The Following Flights from Japan to North America,Mexico,Europe **【From NARITA】** NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU) **【From HANEDA】** NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST) ***For flight numbers written below, this menu will be served as 1st meal service.** **【From HANEDA】** NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN)	Rice Omelet Style Bento with Creamy Croquette	Omelet Style Cooked Rice, Croquette, Sausage, Baked Potato,Glazed Carrot, Broccoli, Thickener(Modified Starch), Modified Starch,Non-calcinated Calcium, Emulsifier, Sodium Phosphate, Seasoning(Amino Acid),Acidity Regulator, Antioxidant(Vitamin C), Color Retention Agent(Sodium Nitrite), Spice Extract, Flavorings,Food Coloring(Carotene)
	Grape Jelly	Grape Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac,Citric Acid, Trisodium Citrate, Flavorings, Antioxidants (Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
	Rice Cracker	Non-glutinous Rice, Soy Sauce Alternative,Mirin-style Fermented Seasoning, Beet Sugar, Roasted Nori
The Following Flights from Europe, Mexico to Japan **【To NARITA】** NH179(MEX) / 232(BRU) **【To HANEDA】** NH212(LHR) / 216(CDG) / 224,204(FRA) / 218(MUC) / 206(VIE) / 208(MXP) / 222(ARN) / 220(IST)	Pork Hamburger Steak	Pork, Onion, Tomato Ketchup, Starch(Sago Palm), Rich Sauce, Chinese Soup, Coleseed Oil, Beet Sugar, Salt, Pepper, Thickener(Modified Starch)
	Packed Steamed Rice	Non-glutinous Rice
	Grape Jelly	Grape Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac,Citric Acid, Trisodium Citrate, Flavorings, Antioxidants (Vitamin C)
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Apple Juice	100% Pure Apple Juice
	Rice Cracker	Non-glutinous Rice, Soy Sauce Alternative,Mirin-style Fermented Seasoning, Beet Sugar, Roasted Nori
The Following Flights from North America to Japan **【To NARITA】** NH009(JFK) / 011(ORD) / 005(LAX) / 007(SFO) / 001(IAD) / 173(IAH) / 177(SEA) / 183,181(HNL) **【To HANEDA】** NH101(IAD) / 109,159(JFK) / 111(ORD)/ 125,105(LAX) / 107(SFO) / 117(SEA) / 113(IAH) / 185(HNL)	Whitefish in Curry Sauce	Hoki, Onion, Carrot, Shimeji Mushroom,Soup (Salt, Yeast Extract, Kelp Extract, Shiitake Mushroom Extract),Instant Soup, Beet Sugar, Fermented Seasoning, Ginger Juice,Consommé-style Powder, Salt, Curry Powder, Garlic,Thickener(Modified Starch), Trehalose
	Packed Steamed Rice	Non-glutinous Rice
	Rice Cookie Strawberry Flavor	Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch
	Grape Juice	100% Pure Grape Juice

Light Meal/Snacks		
Routes	Menu	Ingredients
The Following Flights from Japan **【From NARITA】** NH178(SEA) /184,182(HNL) / 136(YVR) / 881(PER) / 829(BOM) **【From HANEDA】** NH118(SEA) / 186(HNL) / 116(YVR) / 889,879(SYD) / 837(DEL) **The Following Flights to Japan** **【To NARITA】** NH135(YVR) / 882(PER) **【To HANEDA】** NH115(YVR) / 890(SYD)	Grape Jelly	Grape Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac,Citric Acid, Trisodium Citrate, Flavorings, Antioxidants (Vitamin C)
	Maple Sugar Cookie	White Sorghum Powder, Shortening (Palm), Maple Sugar, Beet Sugar, Starch (Tapioca), White Sweet Potato, Salt, Baking Powder, Tea Extract
	Grape Juice	100% Pure Grape Juice
The Following Flights from Japan **【From NARITA】** NH010(JFK) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU) / 803,801(SIN) / 807,805(BKK) / 835(CGK) / 815(KUL) **【From HANEDA】** NH110,160(JFK) / 106(LAX) / 108(SFO) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223,203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN) / 219(IST) / 843,841(SIN) / 849,877,847(BKK) / 855,871(CGK) / 885(KUL) **The Following Flights to Japan** **【To NARITA】** NH009(JFK) / 011(ORD) / 001(IAD) / 173(IAH) / 179(MEX) / 804,802(SIN) / 808,806(BKK) / 836(CGK) / 816(KUL) / 830(BOM) **【To HANEDA】** NH101(IAD) / 109,159(JFK) / 111(ORD)/ 113(IAH) / 880(SYD) / 844,842(SIN) / 850,848,878(BKK) / 872,856(CGK) / 886(KUL) / 838(DEL)	Rice Cracker	Non-glutinous Rice, Soy Sauce Alternative,Mirin-style Fermented Seasoning, Beet Sugar, Roasted Nori
The Following Flights to Japan ***Only in Economy Class for flights below,** **【From NARITA】** NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 178(SEA) / 184,182(HNL) /136(YVR) / 180(MEX) / 231(BRU) / 881(PER) / 803,801(SIN) / 807,805(BKK) / 833,831(SGN) / 897(HAN) / 829(BOM) / 835(CGK) / 815(KUL) / 819(MNL) / 811(HKG) / 955,957(PEK) / 935(XMN) / 933(CAN) / 931(SZX) **【From HANEDA】** NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 118(SEA) / 186(HNL) / 116(YVR) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST)/ 889,879(SYD) / 841(SIN) / 847(BKK) / 891(SGN) / 837(DEL) / 855(CGK) / 869(MNL) / 859(HKG) / 961,963(PEK) / 923(CAN) / 965(SZX) ***Served in Bussines & Economy Class for the following flights,** **【To NARITA】** NH820(MNL) / 812(HKG) / 956,958(PEK) / 936(XMN) / 934(CAN) / 932(SZX) **【To HANEDA】** NH870(MNL) / 860(HKG) / 962,964(PEK) / 924(CAN) / 966(SZX)	Royal Mahalo (Chocolate Flavor)	Sweet Potato Paste, Sugar, Vegetable Oil, Beet Oligosaccharide, Cocoa Powder, Vanilla Bean Seeds, Emulsifier, Stabilizer