

8 Allergen-Free Child Meal(ACML)

<2025DEC-2026FEB>

\*Please note, menu may change.

| Lunch/Dinner                                                                                                                                                                                             |                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                            |
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| Routes                                                                                                                                                                                                   | Menu                                                                                           | Ingredients                                                                                                                                                                                                                                                                                                                                                                                                |
| <b>All flights from Japan</b><br><br>*For flight numbers written below, this menu will be served as 2nd meal service.<br>[From HANEDA] NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN) | Chicken Pilaf & Curry Croquette Bento or Hashed Meat                                           | Chicken Pilaf & Curry Croquette Bento／Chicken Pilaf, Curry Croquette, Deep-fried Chicken,Pumpkin Salad, Boiled Broccoli,Modified Starches,Emulsifier, Flavors<br>Hashed Meat／Vegetable/Fruits, Sautéed Onion, Pork, Tomato Paste, Beet Sugar, Coleseed Oil, Onion Powder, Tomato Ketchup, Salt, Yeast Extract, Pork Extract, Vegetable/Fruits Paste, Shiitake Mushroom Extract, Spice(Including some pork) |
|                                                                                                                                                                                                          | Pork Meat Ball                                                                                 | Pork, Onion, Tomato Ketchup, Starch, Carrot, Vegetable Consommé, Salt, Beet Sugar, Nutmeg, Pepper, Modified Starches, Trehalose                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                          | Brown Rice Boule<br>Rice Flour Baguette<br>* Only Brown Rice Boule is served in Economy Class. | Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener<br>Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener             |
|                                                                                                                                                                                                          | Pear Jelly                                                                                     | Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavors, Antioxidants                                                                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                          | Rice Cookie Strawberry Flavor                                                                  | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                          | Apple Juice                                                                                    | 100% Pure Apple Juice                                                                                                                                                                                                                                                                                                                                                                                      |
|                                                                                                                                                                                                          |                                                                                                |                                                                                                                                                                                                                                                                                                                                                                                                            |
| <b>All Flights to Japan</b><br>*Except, Flights Departing from North America(excluding Canada)                                                                                                           | Hashed Meat                                                                                    | Vegetable/Fruits, Sauteed Onion, Pork, Tomato Paste,Beet Sugar, Coleseed Oil, Onion Powder, Tomato Ketchup,Salt, Yeast Extract, Pork Extract, Vegetable/Fruits Paste, Shiitake Mushroom Extract, Spice(Including some pork)                                                                                                                                                                                |
|                                                                                                                                                                                                          | Pork Meat Ball                                                                                 | Pork, Onion, Tomato Ketchup, Starch, Carrot, Vegetable Consommé, Salt, Beet Sugar, Nutmeg, Pepper, Modified Starches, Trehalose                                                                                                                                                                                                                                                                            |
|                                                                                                                                                                                                          | Brown Rice Boule<br>Rice Flour Baguette<br>* Only Brown Rice Boule is served in Economy Class. | Brown Rice Boule／Non-glutinous Rice Flour, Brown Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener<br>Rice Flour Baguette／Non-glutinous Rice Flour, Rice Bran Oil, Beet Sugar, Psyllium Husks, Baker's Yeast, Olive Oil, Salt, Konjac Processed Product(Powdered Candy, Konjac Powder), Thickener             |
|                                                                                                                                                                                                          | Non-glutinous Rice                                                                             | Non-glutinous Rice                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                          | Pear Jelly                                                                                     | Pear Juice, High-fructose Corn Syrup, Sugar, Agar, Konjac, Citric Acid, Trisodium Citrate, Flavors, Antioxidants                                                                                                                                                                                                                                                                                           |
|                                                                                                                                                                                                          | Rice Cookie Strawberry Flavor                                                                  | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                          | Apple Juice                                                                                    | 100% Pure Apple Juice                                                                                                                                                                                                                                                                                                                                                                                      |
| <b>Flights from North America(excluding Canada) to Japan</b>                                                                                                                                             | Mushroom and Dietary Fiber Curry                                                               | Mushroom (Brown Beech Mushroom, Eryngii Mushroom, Enoki Mushroom), Vegetables (Onion, Carrot, Potato, Garlic, Ginger), Pickled Tomato Purée, Organic Blue Agave, Edible Fat & Oil (Palm, Coleseed Oil, Olive Oil), Rice Flour, Sugar, Spices, Fermented Seasoning, Vegetable Consommé                                                                                                                      |
|                                                                                                                                                                                                          | Non-glutinous Rice                                                                             | Non-glutinous Rice                                                                                                                                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                          | Pumpkin Bolo (Small Round Cookie)                                                              | Sago Palm Starch, Tapioka, Organic Shortning, Pumpkin Powder, Beet Sugar, Baking Powder, Salt                                                                                                                                                                                                                                                                                                              |
|                                                                                                                                                                                                          | Soda Candy                                                                                     | Glucose (Corn, Potato, Sweet Potato), Corn Starch, Starch Hydrolysate (Cassava), Acidulant, Flavors, Artificial Colors                                                                                                                                                                                                                                                                                     |
|                                                                                                                                                                                                          | Homemade Cookie (Chocolate Cookie)                                                             | Sago Palm Starch, Beet Sugar, Coleseed Oil, Cacao Mass, Pumpkin Powder, Cocoa, Salt, Baking Powder                                                                                                                                                                                                                                                                                                         |
|                                                                                                                                                                                                          | Rice Cookie Strawberry Flavor                                                                  | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                                                                                                                                                                                   |
|                                                                                                                                                                                                          | Apple Juice                                                                                    | 100% Pure Apple Juice                                                                                                                                                                                                                                                                                                                                                                                      |

| Second Meal                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                               |                                             |                                                                                                                                                                                                                                                 |
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| Routes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Menu                                        | Ingredients                                                                                                                                                                                                                                     |
| <b><u>The Following Flights from Japan to North America,Mexico,Europe</u></b><br><br>【From <b>NARITA</b> 】 NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU)<br><br>【From <b>HANEDA</b> 】 NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST)<br><br>*For flight numbers written below, this menu will be served as 1st meal service.<br><br>【From <b>HANEDA</b> 】 NH160(JFK) / 203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN) | Rice Omelet Style Bento w/ Creamy Croquette | Omelet Style Rice, Croquette, Sausage, Baked Potato, Glazed Carrot, Broccoli, Modified Starches, Modified Starches, Non-calcinated Calcium, Emulsifier, Phosphate, Seasonings, pH Adjuster, Antioxidants, Color Formers, Spice Extract, Flavors |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Grape Jelly                                 | Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)                                                                                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Rice Cookie Strawberry Flavor               | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Apple Juice                                 | 100% Pure Apple Juice                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Rice Cracker                                | Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed                                                                                                                                                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           |                                             |                                                                                                                                                                                                                                                 |
| <b><u>The Following Flights from Europe, Mexico to Japan</u></b><br><br>【To <b>NARITA</b> 】 NH179(MEX) / 232(BRU)<br><br>【To <b>HANEDA</b> 】 NH212(LHR) / 216(CDG) / 224,204(FRA) / 218(MUC) / 206(VIE) / 208(MXP) / 222(ARN) / 220(IST)                                                                                                                                                                                                                                                                                  | Pork Hamburger Steak                        | Pork Lean Meat, Onion, Tomato Puree, Palm Starch, Millet Sauce, Salt, Beet Sugar, Coleseed Oil, Kombu Kelp, Pepper                                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Non-glutinous Rice                          | Non-glutinous Rice                                                                                                                                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Grape Jelly                                 | Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)                                                                                                 |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Rice Cookie Strawberry Flavor               | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Apple Juice                                 | 100% Pure Apple Juice                                                                                                                                                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Rice Cracker                                | Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed                                                                                                                                                                                      |
| <b><u>The Following Flights from North America to Japan</u></b><br><br>【To <b>NARITA</b> 】 NH009(JFK) / 011,121(ORD) / 005(LAX) / 007(SFO) / 001(IAD) / 173,123(IAH) / 177(SEA) / 183,181(HNL)<br><br>【To <b>HANEDA</b> 】 101(IAD) / 109,159(JFK) / 111(ORD)/ 125,105(LAX) / 107(SFO) / 117(SEA) / 113(IAH) / 185(HNL)                                                                                                                                                                                                    | Whitefish in Curry Sauce                    | Hoki, Onion, Soup (Yeast Extract, Beet Molasses, Salt, Kelp Extract, Shiitake Mushroom Extract), Carrot, Shimeji Mushroom, Powdered Soup, Beet Sugar, Ginger, Seasonig, Vegetable, Curry Powder, Garlic, Trehalose, Modified Starch             |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Non-glutinous Rice                          | Non-glutinous Rice                                                                                                                                                                                                                              |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Rice Cookie Strawberry Flavor               | Rice Flour, Margarine, Corn Flour, Sugar, Rice Shortening, Strawberry Paste, Corn Starch                                                                                                                                                        |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                           | Grape Juice                                 | 100% Pure Grape Juice                                                                                                                                                                                                                           |

| Light Meal/Snacks                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                       |                                 |                                                                                                                                                      |
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| Routes                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                  | Menu                            | Ingredients                                                                                                                                          |
| <b><u>The Following Flights from Japan</u></b><br><br>【From NARITA】 NH178(SEA) / 184,182(HNL) / 136(YVR) / 881(PER) / 829(BOM)<br><br>【From HANEDA】 NH118(SEA) / 186(HNL) / 116(YVR) / 889,879(SYD) / 837(DEL)<br><br><b><u>The Following Flights to Japan</u></b><br><br>【To NARITA】 NH135(YVR) / 882(PER)<br><br>【To HANEDA】 NH115(YVR) / 890(SYD)                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                    | Grape Jelly                     | Grape Juice(Glucose Liquid Sugar & Fruit Sugar) Liquid Sugar, Sugar, Agar, Konjac, Citric Acid, Flavor, Sodium Citrate, Antioxidant (Vitamin C)      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Maple Sugar Cookie              | White Sorghum, Shortening (Palm), Maple Sugar, Beet Sugar, Starch (Tapioca), Sweet Potato, Isomalt-oligosaccharide, Baking Powder, Salt, Tea Extract |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         | Grape Juice                     | 100% Pure Grape Juice                                                                                                                                |
| <b><u>The Following Flights from Japan</u></b><br><br>【From NARITA】 NH010(JFK) / 012(ORD) / 002(IAD) / 174(IAH) / 180(MEX) / 231(BRU) / 803,801(SIN) / 807,805(BKK) / 835(CGK) / 815(KUL)<br><br>【From HANEDA】 NH110,160(JFK) / 106(LAX) / 108(SFO) / 112(ORD) / 102(IAD) / 114(IAH) / 211(LHR) / 215(CDG) / 223,203(FRA) / 217(MUC) / 205(VIE) / 207(MXP) / 221(ARN) / 219(IST) / 843,841(SIN) / 849,877,847(BKK) / 855,871(CGK) / 885(KUL)<br><br><b><u>The Following Flights to Japan</u></b><br><br>【To NARITA】 NH009(JFK) / 011,121(ORD) / 001(IAD) / 173,123(IAH) / 179(MEX) / 804,802(SIN) / 808,806(BKK) / 836(CGK) / 816(KUL) / 830(BOM)<br><br>【To HANEDA】 NH101(IAD) / 109,159(JFK) / 111(ORD)/ 113(IAH) / 880(SYD) / 844,842(SIN) / 850,848,878(BKK) / 872,856(CGK) / 886(KUL) / 838(DEL)                                                                                                                                                   | Rice Cracker                    | Non-Glutinous Rice, Seasoning, Beet Sugar, Roasted Seaweed                                                                                           |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                 |                                                                                                                                                      |
| <b><u>The Following Flights to Japan</u></b><br><br>*Only in Economy Class for flights below,<br>【From NARITA】 NH010(JFK) / 006(LAX) / 008(SFO) / 012(ORD) / 002(IAD) / 174(IAH) / 178(SEA) / 184,182(HNL) / 136(YVR) / 180(MEX) / 231(BRU) / 881(PER) / 803,801(SIN) / 807,805(BKK) / 833,831(SGN) / 897(HAN) / 829(BOM) / 835(CGK) / 815(KUL) / 819(MNL) / 811(HKG) / 955,957(PEK) / 935(XMN) / 933(CAN) / 931(SZX)<br><br>【From HANEDA】 NH110(JFK) / 126(LAX) / 112(ORD) / 102(IAD) / 114(IAH) / 118(SEA) / 186(HNL) / 116(YVR) / 211(LHR) / 215(CDG) / 223(FRA) / 219(IST)/ 889,879(SYD) / 841(SIN) / 847(BKK) / 891(SGN) / 837(DEL) / 855(CGK) / 869(MNL) / 859(HKG) / 961,963(PEK) / 923(CAN) / 965(SZX)<br><br>*Served in Bussines & Economy Class for the following flights,<br>【To NARITA】 NH820(MNL) / 812(HKG) / 956,958(PEK) / 936(XMN) / 934(CAN) / 932(SZX)<br><br>【To HANEDA】 NH870(MNL) / 860(HKG) / 962,964(PEK) / 924(CAN) / 966(SZX) | Royal Mahalo (Chocolate Flavor) | Sweet Potato, Beet Sugar, Vegetable Oil, Beet Oligosaccharide, Cocoa, Vanilla Beans, Emulsifier                                                      |
|                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                         |                                 |                                                                                                                                                      |